

# *The Parish Press*

OF

## **PINE STREET EVANGELICAL LUTHERAN CHURCH**

VOLUME 27 #6

June, 2012



### **HEARTBEAT HOSPITAL**

#### **PINE STREET LUTHERAN CHURCH VACATION BIBLE SCHOOL**

**June 24 through June 28**

Our VBS leaders are planning a fun hospital oriented theme which should be a real hit in our community. There will be many exciting Bible stories and activities that are brought to life through fun healthcare related activities. Encourage all the children you know to come and worship Jesus, he is a true Heart Care Specialist!

- **Sunday, June 24<sup>th</sup> through Thursday June 28<sup>th</sup>**
- **Family meal served at 5:15, VBS activities 5:45 - 8:00 P.M.**
- **There is no registration fee.**
- **We welcome children from Preschool through 6<sup>th</sup> grade.**

Vacation Bible School is to help children grow in faith and strengthen their relationships—especially with God. This is one more way to share the gospel of Christ. We're looking forward to a fun-filled week so please register your children and invite your friends and neighbors! Please drop off completed registration forms at the church office or put in Deb's mailbox in the narthex. Additional registration forms are available on the table in the narthex and office.

### **Congregational Meeting Sunday, June 24**

Agenda: Vote on the proposed  
Purchase of Services agreement with  
Trinity Lutheran Church, Oak Grove.

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#### **With this Issue:**

June & July Calendars  
June & July Schedules  
VBS Registration Form  
Love Envelopes in your packet: Camp  
Mt. Luther

## NEWS AND NOTES

### SYMPATHY

We extend our sympathy to the family and friends of:

† Mary Arbogast, sister of Nelena Swank, who died April 25, 2012.

### TRANSFERRED

John Crumb, Jr. and family, Heather, Gavin, and Lily, have transferred their membership to St. Peter Lutheran Church, Grovania. We wish you all many blessings in your new church home.

### BIRTH

Nevin Matthew McDowell, was born May 9, 2012. The parents are Nicole Dudley and Michael McDowell. His grandmother is Nancy Troutman Dudley and great-grandparents are Norman and Minnie Troutman. Congratulations to all!

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*Bible Study will resume in September.*

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### NO MORE BOTTLE CAP COLLECTION AT PINE ST

Since the Bloomsburg Recycling Center is now accepting all types of plastics except for plastic bags, including coffee containers, margarine tubs and pill bottles, we will no longer be collecting them here at Pine Street. Bloomsburg Recycling Center hours are Mon, Tue, & Thu 7-3:30; Wed 7-5; Fri 7-3

and 2<sup>nd</sup> & 4<sup>th</sup> Sat 9-1. The center is located at 901 Patterson Drive in Bloomsburg, this is off Old Berwick Highway just past J&B Honda. Thanks for all your efforts to recycle.



## Pig Roast Dinner

by Chef Recla

with Baked Beans, Pepper  
Cabbage, Beverages, and  
Homemade Desserts

**\$8 Adults; \$4 Children 5-11;  
Free for Children 4 and  
under**

**Also Homemade Ice  
Cream for sale.**

### COUNCIL HIGHLIGHTS

- ◆ Nothing will be changed from our Continuing Resolutions that \$50 be the cost for outside parties to use the social hall with Council's approval.
- ◆ Council suggested Pastor Keith explain Transformation Ministry during worship.
- ◆ Pastor Keith will lead worship at Trinity, Oak Grove, on June 3. This is part of the process of the discussion for Purchase of Services. We will invite their council to a joint council meeting with our council on June 18 at 6:30 P.M. in our social hall.
- ◆ Sam Harrison has agreed to run for council in November. Current council members, Gerard Tromp and Nan Leighow have agreed to run for re-

election. More nominees are needed.

- ◆ Upon response from Administration Ministry about revision of the continuing resolutions (pertaining to limiting how long a person may serve as Council President), Gerard Tromp stated that Robert's rules state that an ex-officio has every right to make motions and to vote, but in certain circumstances may not be included as a quorum. He said the continuing resolution doesn't state whether the office of president should be 2 years or 2 terms. Therefore, Sue said she will serve until the end of the year as president, but for next year, someone else will have to be chosen. Gerard and Pastor will work on updating the Constitution.
- ◆ Mary Ann Landi will serve as liaison to council for Administration Ministry.
- ◆ The air conditioning unit will be cleaned each spring.
- ◆ Council is the governing body of the church, so recommendations have to go through the proper channels.
- ◆ If needed for an emergency decision, the Executive Committee, (Council officers: President, Vice-President, and Secretary) can make decisions for the Council.
- ◆ Council approved 10% of the Festival proceeds be given to Many Hands Helping Others, a program to feed children over the weekends in the Danville School District. The other 90% is designated for Restoration.
- ◆ Council approved a request for a Brownie Troop to meet at our church.
- ◆ The next meeting of Council will be Monday, June 18 at 6:30 P.M. in the Social Hall of the church.

## PASTOR'S REPORT

- **WORSHIP**—I presided over 5 regular Sunday Worship services. Pat and I, and Pastor BJ Collins were the worship and devotion leaders for the ELCMA Assembly held at Holy spirit Lutheran Church in McEwensville.
- **HOME VISITS**—I made 1 home visit.
- **HOSPITAL VISITS**—I made 5 hospital visits.
- **COUNSELING**—I counseled with 1 person for 1½ hours.
- **MEETINGS**—I attended 4 meetings.
- **CHRISTIAN EDUCATION**—Bible Study continues on Thursday afternoon—We are working on our way through Ephesians and plan to work through Philippians before May 31<sup>st</sup>. Anyone is welcome to come. If there is interest, I can also start another evening Bible Study. ...Think about this for the fall.
- **EVENTS**—I attended parts of the ELCMA assembly and was a co-worship leader. I greeted the ladies on behalf of Pine Street who were in attendance at the Day of Learning. I attended and did the closing prayer at the National Day of Prayer Celebration on the Montour County Courthouse steps. I gave the opening invocation for the Danville Borough Council at their May 8<sup>th</sup> meeting. Larry Troy and I attended a Prayer breakfast in Williamsport that featured one of the U.S. helicopter pilots in Somalia that inspired the movie "Black Hawk Down."

### Looking Ahead...

*May 27 – The Day of Pentecost – Wear Red!!! Invite your friends and neighbors or maybe someone you haven't seen at church for a while!!!! (This goes for every week)*

*June 10 – Baptism of Leah Carr.*

*June 15-16 – Upper Susquehanna Synod Assembly at Susquehanna University Weber Chapel. Stop by and see the displays or sit and listen to some of the assembly reports and worship!!! Pastor Keith and Mike Eyer are our representatives...We really could use another...preferably a female...hint, hint.*

*July 11-17 – Pastor will be in WV for a family wedding on July 14<sup>th</sup>. Todd will be preaching and Pastor Sell will provide pastoral care.*



## Beware of Ticks

## Lyme Support

A newly formed Lyme Disease support group will be held on June 7<sup>th</sup> at 7:00 P.M. at Trinity Methodist Church, 306 Lombard Ave., and every 1<sup>st</sup> Thursday of each month thereafter.

With increased awareness of the spread of Lyme Disease, many people are looking for support and answers about this illness.

For questions or information, please call Angie Wilson at 570-441-6039.



## Outdoor Worship & Church Picnic

**Sunday, August 12**

**10:30 AM Worship at Sunnybrook Park followed by the Picnic Please bring a covered dish and/or dessert to share!**

## A STEWARDSHIP MINUTE

*Written by S. William Snover, MD  
Financial Secretary*

*"...but who am I and who are my people that we should be permitted to give anything to you? Everything we have has come from you, and we only give you what is yours already!"  
(1 Chronicles 29:14)*

### Guilt trip or relationship?

I recently had a conversation with one of our members in which he stated that he actually enjoyed (imagine that!) reading my monthly thoughts on stewardship in the church. But he then asked if he thought I might be making some of our members feel guilty about their apparent lack of participation in the life of our church. Note here that he did not make reference to financial contributions, but rather to the **life** of the church which includes participation by attendance, and sacrifice by giving of time, talents, abilities, prayer, discipleship, worship and tithing as each is able.

Stewardship is first and foremost a faith relationship with God and is secondarily a financial relationship. Guilt should not be a factor.

There are many churches in which financial tithing is not only an expectation, but is actually a *requirement* for membership and participation in the rites and activities of the church. In some churches, you cannot take communion unless you are a "member in good standing", meaning that not only do you attend church, but also that your financial *obligations* are up to date. Some churches require that you disclose your annual income, and a percentage is then assessed and is expected to be paid. I

am aware of one religion that requires that you turn over your paycheck to the church, and the church takes its percentage off the top, and returns the rest to you. (First fruits to the extreme).

Our church has no such requirements. *Nothing is required of you* except that to remain an *active member* on our roles you must participate in one communion and make one financial contribution to the church each year. No amount is too small. Even if you haven't been to church or contributed for years, you are welcomed with open arms to participate with us at the Holy Table and to receive the full benefits of God's forgiveness of our sins through the sacrifice of His son, Jesus Christ.

Our relationship to God and to our church should be a relationship built on love, not on obligation or guilt. As in any relationship, some effort is required to keep it strong. That effort takes the form of participation in the life of the church. Active members find that the more they do, the more they want to do. Pine Street is growing. It is growing in numbers, in faith, in love, in joy, in action to others both in and outside of our church family. If you haven't been here in awhile, please come and see what is going on at Pine Street. If you are a regular participant, please keep coming and growing in faith, hope and love through prayer, discipleship, ministry, and worship.

In Christian love,  
Bill



TO the LAST  
PERSON  
leaving the  
building: Please  
turn off the  
lights and  
LOCK the  
door!

*(If everyone left, please call any  
Council member to come lock it.)*  
Thank you!

TO the LAST  
PERSON  
leaving a room:  
Please turn off  
the lights and  
CLOSE the  
door!

#### THRIVENT FUNDS

Thank you to *Todd Baney, Denny DiOrio, Lin DiOrio, Darlis Dyer, Jack Dyer, Brenda Fischer-Dennehy, Irene Hinkle, Sue Neitz, and Pastor Pat Pittsnogle* for choosing to direct Thrivent Financial for Lutherans Choice Dollars to our church.

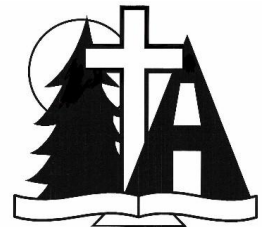
#### Treasurer's Report

##### April - General Fund:

Income	\$ 13,368.82
Expenses	\$ 11,631.13
	\$ 1,637.69

##### Year-to-date through April- General Fund.

Income	\$ 42,928.32
Expenses	\$ 47,074.15
Shortfall	\$— 4,145.83



**CAMP MOUNT LUTHER**

**This month's Love  
Offering Envelope  
in your packet!**

Mt. Luther, of the Upper Susquehanna Synod, is an extension of the congregation's ministry in the unique setting that the camp provides. Children, youth and adults learn, worship, witness and serve within a Christ centered Lutheran tradition. All persons regardless of race, creed, color, or special needs are welcome to attend this camp of the Evangelical Lutheran Church in America.

**Camp Mt. Luther Program booklets for the 2012 camping season are here! The brochure is also posted online at [www.campmountluther.org](http://www.campmountluther.org).**

#### Looking Ahead to June at Camp Mount Luther

The summer camping session at Camp Mount Luther will be in full swing in June! This summer's staff will arrive on May 30<sup>th</sup> for their two weeks of training. On



June 10<sup>th</sup>, the first campers for this year will arrive for on-site Day Camp. This program is especially good for those kids who are not sure they want to be away from home overnight. Their families will join them for Sunday activities and they'll be here at camp during the day. Wednesday night, there will be an optional sleepover! On June 17, Senior High X-Teens will arrive for a ten-day camp experience. They'll learn more about justice and service and then go out the next weekend and do service work before returning to Mount Luther to reflect on those experiences. The final week of June is reserved for two new programs. Confirmation students are invited to come with their leaders for CAMPFIRMATION. And, youth in grades 4-6 can come with their adult leaders for BUILDING YOUTH GROUPS.

**Coming Events:**

**Summer X-Teen-Jun 17-27**

**Building Youth Groups &**

**Campfirmation-Jun 24-29**

**Summer Camp for Middle School-  
July 2012**

**Youth Gather Post-Event-Sep 30**

**Building Youth Groups Fall**

**Retreat-Nov. 2012**

**Advent Fun Day-Dec. 15**

**Winter Camp Dec. 28-30**

**EMERGE CENTRAL PA**

Camp Mt. Luther is appealing to those between the ages of 18 and 30 who need a break from reality. There will be a time of retreat and spiritual renewal from July 8-11. There will be a few all-camp activities each day, but the rest of the time will be available for pick-up camp activities and relaxation. We'll also have Bible studies, worship, and time for reflection. You'll also have time to do all the camp stuff you love.

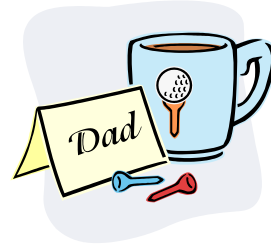
**Looking Ahead to July at Camp  
Mount Luther**

Camp Mount Luther is still accepting registrations for all programs for this summer! Several exciting programs will be held in July. On July 1<sup>st</sup>, Super Night Owl Week will begin. Campers will be able to stay up later each night doing nighttime activities and we'll have extra elective periods this week. Don't forget Family Camp, a great vacation opportunity!!!

This half-week intergenerational program is for families of all shapes and sizes. You'll have the vacation of a lifetime if you come to family camp. Our Adult Bible Study leader this year is Rev. Chad Hebrink. We hope you will join us for a great half week starting July 8<sup>th</sup>. Campers who aren't sure they can stay a whole week at camp can come for our Mini-Camps from July 11-13. Traditional Camp (with a team sports twist this year) will be on July 15. This is a great sampler of all that an outdoor ministry has to offer! And, during the week of July 22, campers from Lutheran, Episcopal, and other denominations will come together for BASIC Week (Brothers and Sisters in Christ). This year, we'll be celebrating Dr. Seuss during this special week. More information is available by calling the camp office at 570-922-1587 or visiting [www.campmountluther.org](http://www.campmountluther.org).

For more information or to register, please visit [www.campmountluther.org](http://www.campmountluther.org) call them at 922-1587 or email at [cml@campmountluther.org](mailto:cml@campmountluther.org).

## FATHER'S DAY IS JUNE 17



Bring your Father and  
Grandfather to Worship  
that day!

## ANNUAL CHURCH FESTIVAL August 11 9 AM-2 PM

Save those good,  
clean, useable items  
for the  
Yard Sale.

*You may begin bringing  
items in beginning July 1  
to put in the rear of the  
Conference Room during  
regular office hours  
Monday through  
Thursday  
from 9 AM to 1 PM.*



**Dates for Of the Land  
and Seasons Worship  
Services:**

*June 17 '12 (Summer)*

*September 23 '12 (Fall)*

*January 13 '13 (Winter)*

*April 7 '13 (Spring)*

## Summer Concert Series

The Montour Area Recreation Commission is pleased to announce the Free Summer Concert Series for 2012. All Concerts are at 7:00 P.M. at the Danville Memorial Park on Bloom Street unless otherwise noted.

June 19: The Danville Community Band  
June 26: Rusty Foulke, of Hybrid Ice fame, will feature the best in Acoustic Rock  
July 3: The Clickard Consortium "Little Big Band"-a jazz tentet  
July 10: Van Wagner sings Hometown tunes  
July 31: Sleuth, with Tim and Caitlin Latshaw at the Delong Fairgrounds in Washingtonville  
August 7: Fred Iobst, magician, will entertain at 11:00 A.M. in the Riverside Playground.

*Please bring a lawn chair or blanket and enjoy. Picnickers welcome!*

## Story Hour in the Park

All Story Hours are held at 6:30 PM in the Danville Memorial park. We go inside the Grove Presbyterian Church in the event of rain.

June 13: "The Beach"  
June 20: "Teddy Bears"  
June 27: "African Folk Tales"  
July 11: "Native American Folk Tales"  
July 18: "Poetry"  
July 25: "Bible Stories"  
August 1: "Music"  
August 8: "Frogs"  
August 15: Back to School Stories"

## CHRISTMAS AT SEA

Our synod's Global Mission group is supporting the program for seamen in New York as the project for our synod. This involves making up bags for the Merchant Marine Sailors for Christmas. I picked up enough bags for 4 kits, but we can make more.

*Each bag has to have the following items:*

- One sweatshirt – hooded or unhooded (size L-XL)
- Three pairs of socks – thermal or white gym
- One casual pullover T-shirt (size M-L)
- One knit winter cap
- One can of nuts or bar of chocolate
- and a Christmas card from you.

I have patterns for knit caps or scarves.

Please only the items listed.

These items go to seamen on the freighters that bring goods in to New York and Philadelphia. These men are stuck on the freighters for months at a time and get only a day or two on dry land. A ship's crew consists of 25 seafarers. My challenge to you is to gather enough items to give gifts to a whole crew. The deadline is November 25<sup>th</sup>. I hope to be able to assemble them in Sunday School. There may be an opportunity for someone to go along to New York to deliver these items.

Thanks,  
Sue Baylor

**Hoagies are \$4.00 and—  
still a bargain!  
Order and pay the  
Sunday before the 1<sup>st</sup>  
Thursday of each  
month.**

*The Year  
of the  
Bible*



## NOTIFY THE CHURCH:

- When your home phone number or address changes - church records need to be corrected. It costs 61 cents every time a newsletter comes back because of an incorrect address.
- When a new baby arrives in your family or in the family of another church member.
- When a member of your family or a member of the church is sick or is admitted to the hospital, so that visits can be made and the proper people notified.
- When a member of your immediate or extended family passes away.
- When a member of your family leaves home for college or to establish a new residence.
- When something good happens to you or your family that you would like to share.

### **(PLEASE NOTE:**

***If you've been in the hospital or have been ill and have not been visited by the pastor or anyone from the church, or if your name is not on the prayer list, it may be because no one told us you were ill or would like your name on the list. You or a family member should notify the church office with requests or information on illness or hospitalization. Please also get permission before sharing this information with the church office so we can share your information with others in our Church Family. Thank you!)***

## ATTENTION MARRIED COUPLES:

Have you signed up for your spring Lutheran Marriage Encounter Weekend? NOW is the time to register for this opportunity to rekindle the romance and realize the full potential of your marriage with all the joy and beauty God intended. The two fall Weekends are: **September 14-16 at Olmsted Mansion and Retreat Center, Ludlow, PA -- 20 miles southeast of Warren, PA;** and **October 19-21 at The Mountain Laurel Resort, White Haven, PA -- just off Interstate 80, two hours north of Philadelphia.** Many say the Weekend was the most fantastic and moving experience of their lives. Registrations are limited, so register today to ensure your first choice. To sign up, simply go to the website: [www.GodLovesMarriage.org](http://www.GodLovesMarriage.org) and register online using your credit card. Or for questions, or if you would like a brochure with a registration form mailed to you, contact Pennsylvania Directors of Lutheran Marriage Encounter, Fred & Julie Schamber, at [fjschamber@comcast.net](mailto:fjschamber@comcast.net) or 724-325-3166.

## Latest Souper Bowl of Caring Update:

Nationwide Total: \$9.5  
Million  
Pennsylvania Total:  
\$421,975.08

## GLScrip Order Deadline is



**June 10**

**(2<sup>nd</sup> Sunday of each month)**

**You can earn money for the church when you buy gas, school supplies, or any purchasing you need to do by purchasing gift cards. Consider using gift cards when shopping for essentials and extras. Mostly everyone dines out—everyone buys gas—consider getting gift cards to use. They work same as cash!!!**

**PROCEEDS ARE SUPPORTING  
OUR NEW WEBSITE!  
CHECK IT OUT AT  
[WWW.PINESTREETLUTHERAN.ORG](http://WWW.PINESTREETLUTHERAN.ORG)  
AND PLEASE PURCHASE  
GIFTCARDS TO HELP PAY FOR THE  
WEBSITE.  
THANK YOU!**

## THANK YOU NOTES

Dear Friends,

Thank you so much for your recent donation of \$158.00 to the Jubilee Kitchen. Contributions are down this year, but the Lord has blessed us with volunteers like your church that come in and serve meals. We continue to serve 45 to 55 people each Saturday and it's all possible, thanks to you.

Sincerely,  
*Linda Pritchard*  
Jubilee Kitchen Director

Dear Friends,

It is so thoughtful for you to share the proceeds (in part) for the Lasagna Dinner at your church.

We will honor your donation by enhancing our collection for everyone's use. We continue to count our blessing, especially your generosity to the library.

*Bonnie White*

Thomas Beaver Free Library

We acknowledge and thank you for your generous donation of \$332.60 received March 2012 which we will use to buy food for our ministry.

We thank you for your much needed support of our effort to provide food to the less fortunate residents of our community. Without thoughtful supporters like you we would never be able to continue this effort.

Thank you and may God bless you for your generosity!

Sincerely,  
*Maryann Richards*  
Danville/Riverside  
Area Food Bank

We thank you for your contribution of \$38.00 and we hope that you will continue to support us with your prayers and gifts. Your gift is greatly appreciated.

Sincerely,  
Haven Ministry  
Board of Directors

Dear Friends:

All of us at Geisinger Health System Foundation would like to extend our sincere thanks and gratitude for your generous donation made in memory of Marie Lamey.

Your donation (\$61.00) to the Marie Lamey Memorial Fund will benefit women with breast disease and the nurses who care for them; insuring the legacy of compassion, commitment, and excellence that characterized Marie Lamey's career at Geisinger.

When you support our 95-year tradition of striving for perfection in all we do, you have joined the thousands of Geisinger donors and staff who are working every day to provide innovative research for specialized treatment options, community-based services throughout a 43 county area and compassionate care for those who need it most.

With heartfelt appreciation,  
**James H. Rucker, Ph.D.**  
VP; Chief Advancement  
Officer  
Division of Institutional  
Advancement  
Geisinger Health System

### **RIDES AVAILABLE**

Rides are available for people for urgent medical care.

*Volunteer drivers are:*

- ♦ Sue & Dick Baylor (279-4766)
- ♦ Bill & Mary Jane Snyder (275-4083)
- ♦ Bill & Jeannie Snover (672-3055)

Call any of the above numbers or call the church office from 9:00 A.M. to 1:00 P.M. at 275-2110.

## **Pastoral Care:**

For Pastoral Care, please call Pastor Keith's home number (951-2350-if no answer, please leave a message).

*Please do not leave a message on the church's answering machine.  
(The answering machine at the office is not regularly checked if it is after hours, a weekend, or if Pastor is away.)*

### **SPONSORS**

**Communion Bread** can be store bought from the bakery. Please sign up on the designated sheets on the bulletin board in the narthex.

**Bulletin** sponsors are needed for July 8, and 15.

There are **Altar Flower** sponsor openings for July 8 and 22.

When signing up for Altar Flowers, Bulletins or Sanctuary Candle, please write your name and *in honor of* or *in memory of* message on the appropriate poster in the narthex or speak to Deb at the church office. The costs are:

- \$20.00 per week for **Bulletins**;
- \$33.00 per week for **Flowers**;
- \$14.00 per month for the **Sanctuary Candle**.

Thank you to everyone who sponsors these important supplies for our worship services.

## **GOOD SAMARITAN RPT.**

*For the month of March:*

517 clients with clothing  
86 clothing donors  
16 Bedding clients  
4 Medical Uniform clients  
3 Winter jacket clients  
7 Crisis fund clients

Please call them at the number below if you have good used furniture or working appliances that you no longer need.

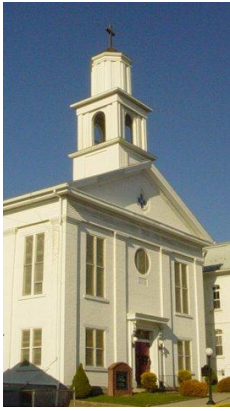
June 12 is our Concert in the Park with Brian Crane performing at 6:30 P.M. We will have hot dogs, rolls, baked goods, drinks, and snacks will be available for sale. Donation jars will be out for contributions benefitting the Mission Center.

**Good Samaritan Mission**  
Hours are Tues., Wed., & Thur.  
9 AM-5 PM  
275-2500



**FLAG DAY**  
**Is**  
**June 14**  
**Display your flag**  
**proudly!**





## ***Ministries at a Glance!***

(meeting times)

Administration – Tom Herrington, Bill Snover (Coordinator), Mary Sticklin, Burrnell Metzger; Sandra Reibsome; Council liaison-Mary Ann Landi (meets as needed)

Caring Ministry – Sue Baylor, Coordinator (dates vary)

Family and Christian Education Ministry  
FACE – (2<sup>nd</sup> Monday @ 6:00 PM)

Finance Ministry – Michael Dennehy, Coordinator (2<sup>nd</sup> Monday @ 7:00 PM)

Hospitality Ministry – Larry Troy, Contact Person (1<sup>st</sup> Wednesday @ 11:00 AM)

Property Ministry – Nancy A. Leighow and Nancy K. Leighow- Co-Coordinators (2<sup>nd</sup> Tuesday @ 7:00 PM)

Women of the ELCA – Co-presidents: Sue Baylor & Mary Ann Landi (usually 1<sup>st</sup> Tues.)

Worship & Music Ministry – Council liaison is Ron Kline (2<sup>nd</sup> Monday @ 11:00 AM)

Youth Ministry – Paul Dennehy, Coordinator

## **Jubilee Kitchen**

**May 19, 2012  
October 27, 2012**

### ***Audio tapes***

of the service are available for homebound and others who can't make it to church. Contact Sue Baylor at 279-4766, if interested.

## **JUNE BIRTHDAYS**

- 1 - Richard Baylor; Diane Harner; Scott Leighow
- 4 - June Doran; Sophia Greely; Betsy Hack; Jennifer O'Brien
- 6 - Nancy A. Leighow
- 8 - Finn Logan Tharp
- 9 - Erin Fitzpatrick
- 10 - Ellen Leighow; Brandon Park
- 11 - Angelica Kipp
- 12 - Carl Rice, Sr.
- 15 - Sarah Eyer
- 16 - Richard Patterson
- 18 - Patricia Diehl
- 21 - Alison Snover; Analeisha Wilson; Angela Wilson
- 23 - Warren Troy
- 25 - Connor Troy
- 28 - Emma Beiter; Rowan Beiter
- 29 - Kady (Curry) Davenport; Cason Morgan; Mary Jane Snyder

## **JUNE ANNIVERSARIES**

- 1 - Kara and Gregory Blasko
- 14 - Gail and Thomas James, Jr.; Nelenia and Donald Swank (67 years)
- 15 - Nancy and Charles McWilliams (66 years)
- 18 - Patricia and James Diehl (52 years)
- 24 - Judy and Dale Stamm (51 years)
- 28 - Karen and John Domanski; Sarah and Kevin Romansik
- 30 - Martha and James Hack.



### **ADVERTISING**

Mary Ann Landi will handle church advertising. Most area newspapers

will print this information free of charge as a news item. If you have an event coming up you would like advertised, please give as much information to her at least a month in advance to get the word out about what God is doing at Pine Street!

## **~~~~~ 2012 COUNCIL MEMBERS**

**Pastor: L. Keith Pittsnogle  
Treasurer: David A. Doran**

Elizabeth Baylor-President  
Jean Crumb  
Michael Eyer  
Ronald Kline  
Mary Ann Landi-Vice President  
Nancy A. Leighow- Secretary  
Nancy K. Leighow  
James O'Brien  
Gerard Tromp  
Terri Wydra



***We want to open up and expand God's presence by becoming more active in the community.  
You can help!  
Tell your friends--tell your neighbors--come see--Come See what God is doing at Pine Street!  
Invite everyone you know to come to church.  
Tell them we have a great fellowship hour.  
Tell them that God loves them and we do too.***

## **Fellowship Menus**

**PLEASE SIGN UP IN THE BOOK  
TO BRING ITEMS FOR LUNCH**

### **JUNE**

- June 3: Pasta Casserole & Cold Salad
- June 10: Covered Dish
- June 17: Macaroni & Cheese & Tossed Salad
- June 24: Sandwich Fixings, Veggie & Dip Platters

## JULY

July 1: Taco Fixings & Baked Corn  
July 8: Covered Dish  
July 15: Baked Potato Bar  
July 22: Meatball Sandwiches & Tossed Salads  
July 29: Soup & Hearty Breads

## AUGUST

Aug 5: BBQ, Rolls, & Tossed Salad  
Aug 12: Picnic—Covered Dish  
Aug 19: Sandwich Fixings, Veggie & Dip Platters  
Aug 26: Hot Dogs, Rolls, & Baked Beans

***Each Sunday needs a Clean-Up Crew. Please volunteer!***

## FELLOWSHIP HOURS

A loose leaf notebook is on the podium in the social hall with menus for each Sunday (except the second Sundays of each month when we have a Covered Dish meal).

*Please look at the meals listed above to see if you would be able to bring in one of the dishes. Then sign up in the notebook. If you would like to supply a dessert, please write that down.*

### Items needed regularly:

- ☺ 100% fruit juice (no red drinks please)
- ☺ A main dish, side dish or dessert for any Sunday Fellowship Hour
- ☺ Any donations to “Hospitality Ministry” to help fund our many outreach and church events

## **ANNOUNCEMENT:**

*Families can still sponsor a Sunday Fellowship meal of their choosing—just pick the date in the book on the small podium in the social hall and write in that you are sponsoring the meal!*  
*Thanks!*



### **Pine Street Prayer List June, 2012**

Linda Wetzel; Joyce Dawson; Judy Stamm; Ann Marie Binder; Heather Crumb; Haleigh Hope Houseknecht

Sharon Wilson; Bonnie Reilly; Jacob Nelson; Bonnie Cromley; Sue Neitz; Katie Sassaman; Spencer Vincent; Kathleen English; David Harvey; Red Swank; Cory Fenstermaker; Angie Wilson; Dr. Kevin Shafer; Marvin Fry; Cathy Dressler; Ruth Lehr; Alice Hinkle; Ryan Stevenson; Gladys Keller; Kendra Hoover; Keith Buchhalter; Audrey O'Brien; Greg Potter; Elizabeth “Libby” Fox; Pete Zimmerman; Autumn Kern; Tim Raup; Baby Clive Stevenson; Todd Livziey; Joan Bankus; Erica Miller; Lola Kline; Virginia Frantz; Marr Snyder; Darwin Straub; Nancy Curry; Delaine Fritz; Melissa Thomas; Mike Shoemaker; Cindy Gearhart; Helen Smith; George Sudol; Art Sticklin; Leann Achtenberg; Edith Bender; Nicole Morgan; Tyler Yeager; Donna Brown; Carol Phillips; Harvey Stauffer; Shirley Crossley; Dolores Easton & Family; Dorothy Hagenbuch; Barry Balonek; John Crumb; Brenda Kile; Dianna Ballinger; Audrey Kunkle; Alan Springer; Emily Sue Nilsson; and Walt Rupert.

### **HOMEBOUND AND SPECIAL PRAYER LIST:**

Charlotte Mitchell; Pauline Mackert; Ken Oberdorf; Pauline Nedrow; Lillian Stahl; D. Jean Cope; Minnie Troutman; Mildred and Paul Gemberling; and Jane Beagle.

### **SPECIAL MILITARY LIST:**

Jordan Zander; Oliver Rice; Halley Dillon; Trevor Patterson; Jeremy Weikel; Tim Moyer; Robert Carpenter; Mark Brumbach; Trevor Stone; Charlie Reedy; Shawn Dyer; Shane Bergenstock; SSGT Andrew Bauman; CPL Jason Lee Smith; Christopher Perry, B.J. Dellinger; Andrew Conrad; Tim Mekosh; CPT Barry Troy; CPT Steven Black Barr; Tristan Winter.

*Please use an orange pew card for Prayer requests & removals.*

## PRAYER LIST UPDATES

As situations change, prayer is most effective when requests are current and regularly updated. Therefore, we would appreciate it if you would check over the prayer list, and if there is someone that you put on that list that is doing better and can be removed, please contact the Deb at office. You can notify the church office by emailing Deb at [pinestch@ptd.net](mailto:pinestch@ptd.net) or by calling from 9:00 A.M. to 1:00 P.M. Monday through Thursday at 275-2110. Please keep this in mind when you put other relatives and friends on our Prayer List.

♦ + ♦

***To activate the Prayer Chain, contact numbers are:  
387-1795 or 441-5643.  
No Emails please.***

(To have someone's name included on the weekly Prayer List, please email or call Deb separately at the church office at 275-2110 or [pinestch@ptd.net](mailto:pinestch@ptd.net)).

♦ + ♦

## **USE GIFTCARDS!**

*Remember to use grocery gift cards if you shop at Weis or Giant. Use gift cards for stores, gas and restaurants by purchasing ahead of time. Your church benefits from every card sold! They can be purchased or ordered in the social hall every Sunday during Fellowship time. Questions, see Jen O'Brien.*



## FOOD BANK NEEDS

The Danville-Riverside Food Bank is very appreciative of the donations of food and money given by our church members. You may donate the food of the month from the list below or any other non-perishable food item. All donations are distributed to those in need in our community.

*Jan: Canned Vegetables*

*Feb: Noodles & Macaroni*

*Mar: Canned Fruit*

*Apr: Soup*

*May: Tuna & Canned Meats*

*Jun: Cereal*

*Jul: Jell-O & Pudding*

*Aug: Peanut Butter & Saltines*

*Sep: Spaghetti & Sauce*

*Oct: Cereal*

*Nov: Noodles & Macaroni*

*Dec: Tuna & Canned Meats*

Place food donations in the basket in the narthex near the coat room. To make a monetary donation, please use a blue pew envelope and mark it **Food Bank**.

The Food Bank is open to anyone in need from 1-2 P.M. and 5:30-6:30 P.M. the 1<sup>st</sup> Thursday of the month at Shiloh United Church of Christ, 500 Bloom Street.

## Leave a Legacy for Ministry and Mission:

Remember: If you have no Will or Trust, the Commonwealth of Pennsylvania's laws will determine who will inherit your property at your death. Commonwealth of Pennsylvania's laws do not include your church or any other charity as a beneficiary. To learn more about how you can make charitable gifts to your church or other charities from your estate call Pr. Greg Kramer at the Lutheran Planned Giving Office at 570-374-2044 or call the ELCA Foundation, 800/638-3522, ext. 2970 or visit our website at [www.elca.org/fo](http://www.elca.org/fo)

## HOAGIE SALE

*Order & pay by the Sunday  
before the 1<sup>st</sup> Thursday  
of each month.*

Pick-up the first Thursday  
of each month by 11 AM.

***Please pay when  
you order!  
Thank you!***

The cost if \$4.00

***Benefit:***

10% to a local charity and  
90% Church Restoration  
Project

*Thank you for your support!*

**\*\* Volunteers are needed to  
help make hoagies at  
8:00 AM the 1<sup>st</sup> Thursday  
of each month.**

## The Thank You Corner

### A Special Thank You To:

- **Gardeners:** Rae Leighow for delivering mulch for the Community Garden of Life and to all the garden workers for their help.
- **Luncheon Helpers** – for providing such a nice luncheon for our Retirees. The luncheon and the entertainment was enjoyed by all.
- **Fellowship meal providers** – for making our Fellowship meals enjoyable for everyone.

## Family Magazine

*Spark Family-Splash in God's Word* magazine is available on the table in the narthex. They are free—take one for your family.

*Come Grow*

*With US at Pine*

*Street Lutheran!*



## WEBSITE

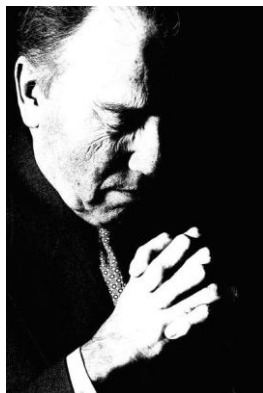
**www.**

**pinestreetlutheran.  
org**

**And, if you haven't  
registered on the  
site, please do so!  
Check it out today!**

Send some feedback or  
suggestions to Deb at  
[pinestch@ptd.net](mailto:pinestch@ptd.net).

Thanks!



**Read Romans 12  
& Pray Daily**



#### HOSPITALITY

*Hospitality is the way we  
come out of ourselves. It is  
the first step toward  
dismantling the barriers of  
the world. Hospitality is the  
way we turn a prejudiced  
world around, one heart  
at a time.*

~Joan D. Chittister in  
*Wisdom Distilled*

If you have a loved one,  
family member or friend  
in the military and want  
them on the prayer list or  
to have members write to  
them, please be sure their  
names and addresses are  
given to the church office.  
Thank you!



#### SYNOD CURRENTS

##### **June 15-16, 2012: Upper Susquehanna Synod Assembly**

The 2012 Upper  
Susquehanna Synod  
Assembly will take place in  
Weber Chapel Auditorium on  
the campus of the  
Susquehanna University in  
Selinsgrove on Friday, June  
15, and Saturday, June 16,  
2012. Registration  
materials have been mailed  
to all USS congregations and  
rostered leaders.

##### **EMERGENCY HOTLINE NUMBERS**

Food Bank/American Red Cross: 275-1441  
Good Samaritan Mission Center: 275-2500  
Women's Center: 784-6631  
Child Abuse Hotline: 800-932-0313  
Poison Center: 800-521-6110  
Alcoholics Anonymous: 286-7436 or 654-  
0488 (Northeast Inter-group)  
Al-anon: 800-628-8290 (National Hotline)  
Narcotics Anonymous: 988-7177  
Gambler's Anonymous: 717-652-4400

##### **NEWSLETTER DEADLINE**

The Deadline for the next edition  
of the *Newsletter* is **May 15 for  
the June Newsletter**. All  
articles submitted are subject to  
editing; typewritten articles are  
especially appreciated. It may be  
to hold articles submitted after  
the deadline date until the next  
month.



#### **W/ELCA Highlights**

##### **QUARTERLY**

The Women's Quarterly  
meeting will be held on  
Tuesday, June 5 at 1:30 P.M.  
in the church social hall. The  
guest speaker will be the  
Director of the GateHouse.

##### **KITCHEN**

We will be cleaning the  
kitchen of the church on  
Saturday, June 17 from 8:00  
to 9:00 AM. Anyone  
interested in helping, just  
show up.

##### **Coming Up:**

- ✓ July 11: Circles Picnic  
[Bohner's Grove] 6 PM
- ✓ July 28: USSWO  
Convention [Camp Mt.  
Luther]
- ✓ Oct 7: Blanket Sunday
- ✓ Oct 29: Peace Pole  
[Synod Office]
- ✓ Nov 3: W/ELCA Event
- ✓ Dec. 8: Quarterly 2 PM



**Read Romans 12  
&  
Pray daily!**



## **(W)holy, (W)holy, (W)holy Health Healing and Wholeness**

Most of us have heard about the necessity of getting enough calcium in our diets to ward off osteoporosis, but how many of us know that calcium is also important for regulating the heartbeat, conducting nerve impulses, stimulating hormone secretions, and clotting of blood? According to the National Institute of Health (NIH), our bodies lose calcium daily through our skin, nails, hair, sweat, as well as through urine and the digestive system. The loss must be replaced daily, or our bodies take the needed calcium from our bones to perform other functions.

Although foods such as orange juice, dairy products, bread, and cereals are the best sources, many adults do not get enough in their diets. Calcium supplements can fill the gap by ensuring that you meet your daily needs. By the time we reach our 40s both men and women absorb less calcium from foods they eat. The NIH recommends adults get 1000 to 1200 mg. daily.

Important considerations when choosing a supplement: **Purity:** Stick with familiar brand names and look for labels that say, “purified” or have the USP (United States Pharmacopoeia) symbol. Avoid calcium obtained from

unrefined oyster shells, bone meal or dolomite without the symbol – they may contain high levels of lead or other toxic metals.

**Absorbability:** Calcium is best absorbed by the body, when it is taken several times a day in amounts of 500 mg or less. Calcium carbonate is absorbed best when taken with food, while calcium citrate can be taken any time. ***Never take more than the recommended amount of calcium without your doctor’s approval.***

**Calcium Interactions:** As always, it is important to talk with your doctor or pharmacist about possible interactions between other over-the-counter and prescription medications and calcium supplements. “For example, calcium supplements may reduce the absorption of the antibiotic tetracycline. Calcium can also interfere with iron absorption, so they should not be taken at the same time. Any medication that you need to take on an empty stomach should not be taken with calcium supplements.” (NIH)

Calcium supplements are available in a bewildering array of combinations with vitamins and other minerals. Many come in combination with Vitamin D, which is necessary for the absorption of calcium. Minerals such as magnesium and phosphorus also are important, but are

usually obtained through food or multivitamins.

Getting enough calcium – whether through your diet or by supplements – helps to protect bone health. However, this is only one of the steps needed to keep your bones healthy. Exercise, a healthy lifestyle, and for some people, medication, are also important.

The Bible reminds us that “... good news gives health to the bones.” (Pr. 15:30, NIV). May we find ways to build up our health strengthen our bones and share that “Good News” with others. For “the Lord will guide you always; he will satisfy your needs in a sun scorched land and will strengthen your bones”. (Isa. 58:11, NIV)

Have a blessed summer!  
*Debbie Best RN, BSW, MHA*

## **Nurse’s Notes**

### **June 3**

**The Claim:** Going to the Doc Can Raise Your Blood Pressure

**The Truth:** For many of us a visit to the doctor causes emotional stress, and your body releases adrenaline and other hormones into your blood stream, increasing blood pressure. We call this doctor-induced increase in blood pressure “white coat syndrome”.

If your doctor determines that you have high blood pressure, make sure that this is not simply white coat hypertension. Buy your own

blood pressure monitor and check your pressure at home under less stressful conditions. [Take a reading on different days, and record the readings to share with your doctor at your next appointment.] If your resting blood pressure at home is normal (less than 120/80), you probably have white coat hypertension, however, stay on top of your blood pressure (frequent BP checks, exercise, good diet) to limit your chance of developing real hypertension in the future. \*\*\*

### June 10

**The Claim:** Eggs are Off-Limits

**The Truth:** Everybody knows that eggs contain cholesterol, and it is widely believed that eating foods rich in cholesterol leads to heart disease. Ergo, we should not eat eggs, right? Not exactly. Today we understand that most people can have one to three eggs per week. Eighty percent of your body's cholesterol is made by your liver, and diet contributing only about 20 percent. Among dietary factors, saturated fats and trans fats have a greater impact on blood cholesterol levels than does dietary cholesterol. This is not a reason to fill your meals with cholesterol, but it does mean that you can keep eggs in your diet. \*\*\*

### June 17

**The Claim:** Video Games Can Make You Fit

**The Truth:** One creative way to get your daily dose of exercise is to play games on the Wii. One-third of the activities in the Wii sports video and fitness packages require enough energy

expenditure to qualify them as moderate-intensity exercise. Golf and bowling involve only low-level exertion, but you can work up a real sweat on the Wii boxing and tennis. The benefits of Wii and similar systems may extend even beyond the heart. Recent studies show that games that require strategic thinking boost both heart rate and cognitive abilities and memory. So, no matter what your age, you can spice up your exercise routine by including action. \*\*\*

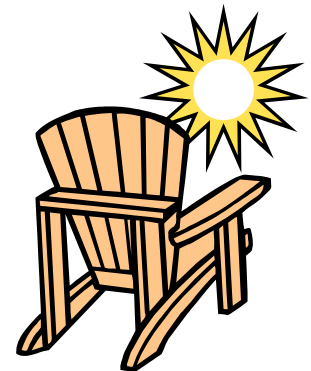
### June 24

**The Claim:** You Can be Worked to Death

**The Truth:** While American studies of work related stress and heart disease focus primarily on the quality of the work environment, others have examined the relationship between the quantity of work and heart health. In one recent British study, researchers found that employees working three or more overtime hours per day substantially increased their risk of heart-related problems over a 10-year period. The risk was particularly high among overtime workers with low

decision-making capability and high job strain. While the study did not tease out the cause of increased heart disease among overtime workers, researchers noted that employees who worked longer hours were more likely to smoke, had less favorable cholesterol profiles, and had less time for leisure-time exercise than their co-workers. \*\*\*

\*\*\* Drs. Gillinov, Marc & Nissen, Steven. (February 2012). Heart 411: The Only Guide to Heart Health You'll Ever Need. Three Rivers Press: New York. [Both doctors are employed by The Cleveland Clinic.]



*Enjoy your summer!*

## What more can “You” Do?

- I will do more than belong-I will participate.
- I will do more than care-I will help.
- I will do more than believe-I will trust.
- I will do more than dream-I will work.
- I will do more than teach-I will inspire.
- I will do more than earn-I will enrich.
- I will do more than give-I will serve.
- I will do more than live-I will grow.
- I will do more than be friendly-I will be a friend.
- I will do more than talk-I will listen.
- I will do more.

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